

WEST CRESTON COMMUNITY NEWSLETTER

January 2015

www.westcreston.info

Volunteers:

West Creston Community Hall Society is planning an appreciation dinner for 2014 volunteers.

When preparing the list, we tried to recall all of the people who worked on each event but inevitably we've overlooked someone. All contributions, even small ones, are very important in having a successful community event!

So, if you volunteered in West Creston in 2014 and have not been contacted, my apologies! I can get you included, contact me by **January 8th**.

Thank you to all those volunteers for being a part of our West Creston community, a community built by hard work and dedicated volunteers. The future needs you!

Contact: turnerd@westcreston.ca or 250-435-1492

Ongoing Games Night:

Mark your calendar for Thursday evenings at 7:00 pm at the West Creston Hall. There will be carpet bowling and "other" games such as crib or if you have a favourite game bring it along and see who might be interested. Bring a snack to share.

Season's Greetings:

On behalf of our Community Hall Directors, our heartfelt wishes for a Happy Holiday Season and a Happy, Healthy 2015!!!

Did You Know?:

West Creston is covered by the Creston Fire Hall. Just call 911.

For insurance purposes, you don't have to wait until a Fire Station is established in West Creston, as you may be eligible for lower rates if you live within 12 -13 km's of the Creston Fire Hall. Here are some "unofficial" distances that I clocked via Hwy #3 route. Check yours!

<u>Creston Fire Hall to</u>	<u>Km's</u>
Nick's Island Road & Hwy 3	7.6
South end Nick's Island Road	11.5
West Creston & Peterman Rds	11.9
Corn Creek & McKay Roads	13.6
Community Hall (via NI Road)	13.8
West Creston Road & Hwy 3	11.0
West Creston & Evans Roads	11.8
Evans & Teetzel Roads	13.0
West Crest. Hall -via WC Road	15.8

As you can see there is no benefit to our Community Hall at this time, but we will be one of the closest when the Fire Station is built just down the road from us!

Please Note: Director Binks has informed us that there will be an Official Mailer coming out to each residence in January with information on the fire service and details on job applications. Watch for it!

Successful Seasonal Activities:

The Annual Community Christmas Tea and Appy Night held recently were enjoyed by all who attended.

Thank you to all our hardworking volunteers, plus a special thank you to all the community members who donated baking; your efforts are greatly appreciated.

A special thank you to Kalen Huscroft and the fiddlers who accompanied her; and the Kokanee Brass Quartet who came and played wonderful Christmas music during Appy Night. Both these events truly showed the fun and camaraderie of belonging to a small community!

Qi Gong at Hall:

For those interested in exploring the healing benefits of practicing Qi Gong, Shirley Turner will be holding a practice group at the Hall every **Monday evening beginning at 6:30 pm January 5, 2015.**

Spring Forest Qi Gong (pronounced "chee gong") is a simple, efficient, and effective method for helping you experience your optimal health, wellness and happiness; helping you heal physical and emotional pain; and enhancing the quality of your life and the lives of others.

Having balanced, smoothly-flowing energy is the key to experiencing and maintaining your optimal health and wellness.

All Spring Forest Qi Gong techniques are designed to bring your yin and yang energies back into balance to help you be the best you can be.

There is no Cost to attend. If questions please call Shirley at 250 435-1490.