

# West Creston Community NEWSLETTER

## Inside this Issue:

**Family Brunch**

**Yoga Classes**

**Hall Update**

**Fire Society News**

**Spirit of BC Celebration**

## FAMILY VALENTINE'S BRUNCH

### Come out of hibernation!!

Join friends, family & neighbours at the West Creston Hall on **Sunday, February 17<sup>th</sup>** for a Pancake Brunch. This community event will run from 11:00 a.m. to 2:00 p.m.

For the low price of only \$3.00/adult; \$2.00 for children 12 and under - the Hall Society will be serving up pancakes, sausages, scrambled eggs, coffee/tea/juice.

## BEGINNER YOGA CLASSES

Co-ed Beginner Yoga Classes are now underway on Monday nights from 7:00 p.m. to 9:00 p.m. and Tuesday evenings from 4:45 p.m. to 6:45 p.m. at the Hall. These are drop-in classes, so come on down and try it out. For only \$4.00/class learn how to wake up your body & mind through stretching, breathing and relaxation exercises under the gentle guidance of Brenda Bruns. Participants should wear comfortable clothing and bring a yoga mat & light blanket. There are some extra mats available at the Hall that can be borrowed for the evening on a first come, first serve basis. So come on out and give your winter weary self a chance to try something new!

## COMMUNITY HALL NEWS

The flooring project is finally over! Many thanks to Laura Strom, Bill Ryckman, Ed Teague, and Maura Schadeli for the hours and hours of hard work. The Hall floor has been stripped down and restored to its original beauty.

The Hall now boasts a new commercial stove that will greatly improve the catering needs for large group events such as weddings, reunions and of course, the **Pancake Brunch!**

The West Creston Hall Society Annual General Meeting will be held on April 15<sup>th</sup>. Check out the Community Website at [www.westcreston.info](http://www.westcreston.info) for a complete overview of the Hall Society. Give some thought to becoming involved in our unique and growing community as there will be positions coming open on the Hall Board.

The next Hall meeting is Tuesday, February 19<sup>th</sup> at 7:30 p.m. All community members are welcome.

## HALL RENTALS

Planning your wedding, family reunion, group event? For rental information, please call Maura at 428-3555 or Jackie at 428-7079.

## 4<sup>th</sup> Annual COMMUNITY GARAGE SALE

This annual fundraising event, hosted by the West Creston Fire Society, will be held on **Saturday, May 24<sup>th</sup>**.

## WEST CRESTON FIRE PROTECTION SOCIETY West Creston Fire # 402-9779

The first meeting of 2008 of the W.C.F.P.S. will be held on **Sunday, February 24<sup>th</sup>** at 2:00 p.m. at the Hall. All members of the community are encouraged to join. Annual membership dues are only \$10.00 and these monies go toward covering costs such as maintaining the fire phone call out system, insurance, fuel, etc.

Since its incorporation in September 2004, the W.C.F.P.S., through fundraising and grants, has been able to purchase an impressive inventory of fire fighting equipment. Members have attended training courses, practices and have responded to and contained numerous fires in this area – all without cost to the community. In order to maintain and improve this level of protection, greater community involvement is needed. For more information, go to [www.westcrestonfires.info](http://www.westcrestonfires.info) or call Society President, Jim McLeod at 428-8841.

## SPIRIT OF BC 150 YEAR CELEBRATION

2008 marks the 150<sup>th</sup> year since British Columbia became a British Colony. A huge Creston Valley celebration will take place from June 20 – 22<sup>nd</sup>. All valley communities have been invited to create a venue that highlights the uniqueness of their area. If you have historical photos, memoirs, ideas for a display, or would like to help in the creation of the "West Creston Experience", please call Cathy Robinson at 402-6576.